

SMOOTHIES

12 OZ. AND 24 OZ.

SLAM DUNK - OJ, PINEAPPLE JUICE, PINEAPPLE SHERBET, BLUEBERRIES & STRAWBERRIES

PENALTY FLAG - STRAWBERRY JUICE, RASPBERRY SHERBET, PEACHES & STRAWBERRIES

SCISSOR KICK - STRAWBERRY JUICE, PINEAPPLE JUICE, PINEAPPLE SHERBET, STRAWBERRIES & PINEAPPLE

GRAND SLAM - OJ, STRAWBERRY JUICE, YOGURT, BANANAS & STRAWBERRIES

SLALOM - OJ, PINEAPPLE JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

TRIPLE CROWN - OJ, YOGURT & ORANGE SHERBET

DOUBLE AXLE - OJ, PINEAPPLE JUICE, PINEAPPLE SHERBET, BANANAS, STRAWBERRIES, RASPBERRIES & BOYSENBERRIES

PERFECT 10 - CARROT JUICE & YOGURT

MARATHON - OJ, BANANAS & STRAWBERRIES

EAGLE - OJ, RASPBERRY JUICE, CRANBERRY JUICE, ORANGE SHERBET, STRAWBERRIES & BANANAS

HALF NELSON - RASPBERRY JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

SLAP SHOT - CRANBERRY JUICE, YOGURT, RASPBERRY SHERBET, BLUEBERRIES & STRAWBERRIES

FREESTYLE - MANGO JUICE, PINEAPPLE SHERBET, MANGO, PEACHES & STRAWBERRIES

CROSS CAGE - WATERMELON JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

OFF THE LIP - PINEAPPLE JUICE, COCONUT, HONEY, BANANAS & STRAWBERRIES

SIDE OUT - APRICOT JUICE, ORANGE SHERBET, PEACHES, BANANAS & STRAWBERRIES

HAT TRICK - PAPAYA JUICE, COCONUT, ORANGE SHERBET, BANANAS & PEACHES

ROUND HOUSE - PEACH JUICE, ORANGE SHERBET, BANANAS & PEACHES

AMERICAS CUP - STRAWBERRY JUICE, YOGURT, BANANAS & STRAWBERRIES

TOUR DE FRANCE - APPLE JUICE, YOGURT, RASPBERRY SHERBET, BANANAS & BLUEBERRIES

KNOCK OUT - APPLE JUICE, YOGURT, BANANAS & STRAWBERRIES

POWER PLAY - WATERMELON JUICE, YOGURT, RASPBERRY SHERBET, RASPBERRIES & STRAWBERRIES

SQUEEZE PLAY - PINEAPPLE JUICE, YOGURT, PINEAPPLE SHERBET & BANANAS

TOUCHDOWN - RASPBERRY JUICE, YOGURT, BANANAS & RASPBERRIES

VOLLEY - BOYSENBERRY JUICE, YOGURT, BANANAS, BLUEBERRIES & BOYSENBERRIES

HALF PIPE - GUAVA JUICE, PINEAPPLE SHERBET, BANANAS & PEACHES

SINGLETRACK - WATERMELON JUICE, MANGO JUICE, YOGURT, RASPBERRY SHERBET, MANGO, RASPBERRIES & STRAWBERRIES

CROSSTRAINER - RASPBERRY JUICE, MANGO JUICE, YOGURT, PINEAPPLE SHERBET, MANGO, PEACHES & STRAWBERRIES

SHOOTOUT - SKIM MILK & YOGURT (CHOICE OF VANILLA OR CHOCOLATE)

FREEFALL - SKIM MILK, YOGURT & BANANAS (CHOICE OF VANILLA OR CHOCOLATE)

BENCH PRESS - SKIM MILK, PROTEIN POWDER, YOGURT & BANANAS (CHOICE OF VANILLA, CHOCOLATE OR FRUIT)

COACHES CHOICE - SKIM MILK, CHOCOLATE, YOGURT & CAPPUCCINO MIX

WORLDS CUP - SKIM MILK, CHOCOLATE, PEANUT BUTTER & YOGURT

JAB STEP - RASPBERRY JUICE, RASPBERRY SHERBET, PINEAPPLE & STRAWBERRIES

RIGHT HOOK - PEACH JUICE, YOGURT, BOYSENBERRIES, PEACHES & PINEAPPLE

FINISH LIME - RASPBERRY JUICE, LIME SHERBET, BANANAS & STRAWBERRIES

STICKY WICKET - RASPBERRY JUICE, LIME SHERBET, BANANAS, RASPBERRIES & STRAWBERRIES

TUMBLE TURN - LEMONADE, RASPBERRY JUICE, LIME SHERBET, BANANAS & RASPBERRIES

HANG TEN - SKIM MILK, YOGURT & CHOICE OF FRUIT

CHA CHA - SKIM MILK, YOGURT & CHOICE OF COFFEE, MOCHA, VANILLA LATTE. SPICE CHAI, GREEN TEA, VANILLA CHAI OR RASPBERRY CHAI

HOME RUN - LEMONADE, ORANGE SHERBET & STRAWBERRIES

BUTTERFLY - LEMONADE, STRAWBERRY JUICE, RASPBERRY SHERBET, STRAWBERRIES & RASPBERRIES

TRIPLE GAINER - LEMONADE, PINEAPPLE SHERBET, PEACHES & MANGO

PERSONAL BEST - PINEAPPLE JUICE, LIME SHERBET & MANGO

NUTRIENTS

EVERY SMOOTHIE RECEIVES ONE FREE NUTRIENT ADDITIONAL NUTRIENT .50 EACH

DAILY BLEND - DAILY DOSE OF VITAMINS & MINERALS
• 51 VITAMINS, MINERALS & AMINO ACIDS

SMART BLEND - INCREASE AWARENESS
• GINKGO BILOBA, GINSENG, BILBERRY, L-GLUTAMINE, NIACIN & PHOSPHATIDYLSERINE

ENERGY BLEND - NATURAL ENERGIZER
• GINKGO, GINSENG, GOTU KOLA, SUMA, CITRUS, AURANTIUM & KOLA NUT

VITALITY BLEND - ANTIOXIDANT TO PURIFY THE BODY
• SELENIUM, VITAMIN C, BIOFLAVAN, GRAPE SEED & BILBERRY EXTRACTS

WELLNESS BLEND - BOOST THE IMMUNE SYSTEM
• ECHINACEA, GOLDENSEAL ROOT, VITAMIN C, CALCIUM CITRATE & ZINC

METABOLIC BLEND - SPEEDS METABOLISM
• CHROMIUM PICOLINATE, L-CARNITINE, INULIN IQ, PHOSPHATIDYLSERINE & CITRIMAX

BRAN BLEND - WATER SOLUBLE FIBER
• OAT BRAN, RICE BRAN & PSYLLIUM HUSKS

POWER BLEND - MUSCLE GROWTH
• SOY PROTEIN, LACTO ALBUMIN & INULIN IQ & WHEY PROTEIN

GREEN BLEND - SUPERFOODS
• SPIRULINA, BARLEY GRASS, ALFALFA GRASS, CHLORELLA & NORWEGIAN DULSE

INTENSITY BLEND - PRE & POST WORKOUT
• CREATINE, CHROMIUM PICOLINATE, INULIN IQ, CALCIUM, POTASSIUM & PHOSPHOROUS

BLISS - A BLEND OF CALMING HERBS
• KAVA, CHAMOILE FLOWER & PASSION FLOWER

JOINT VENTURE - HELPS SOOTHE YOUR JOINTS
• GLUCOSAMINE & CHONCHROTIIN

CALCIUM - ESSENTIAL FOR HEALTHY BLOOD
• HELPS REGULATE HEART BEAT

**Soy Milk, Soy Protein,
Whey Protein, Creatine**

are available for .50 extra each.

**SEE STORE FOR SEASONAL AND
MONTHLY SPECIALS.**

Juice Stop Does It Different

No sugary purees, No sweetened fruits, No smoothie mixes! Juice Stop specializes in custom-made frozen smoothies, fresh juices and healthy snacks. We blend exactly what you ask for at a competitive price.

The high quality of our products is that makes your *Juice Stop* experience memorable. We go to great lengths to satisfy you, our valued customer, in ways that cannot be matched by other juice establishments. At *Juice Stop* all of our non-fat yogurts and delicious sherbets are made especially for us from the brand leader in the frozen dessert industry. They are made from carefully selected, premium ingredients for great tasting flavors and a creamy texture. We have also refined our juice formulations. We continually meet with our growers to ensure only the most succulent fruits are picked so you will continue to enjoy nothing but the high-quality, natural products you have come to expect from *Juice Stop*.

Juice Stop looks forward to helping you reach your goals of becoming a healthier, happier you! All smoothies made non-dairy on request. All yogurt is non-fat.

Colloidal Minerals: A source of 74 essential minerals extracted from prehistoric humic shale, supplementing the eight minerals typically found in foods produced from today's depleted soils.

Wheatgrass: "Live food for live cells." This describes the miracle food wheatgrass - the health builder, cleanser and natural healer. Wheatgrass is one of nature's rich sources of vitamins A, B, C, E and all of the known mineral elements. It purifies and detoxifies the body and aids in metabolizing nutrients. Wheatgrass contains about 70% chlorophyll which is considered "the life giving source" of plants. One ounce of wheatgrass is comparable in nutrients to over two pounds of vegetables.

Acai: (ah-sigh-ee) Nature's energy fruit. Acai is one of the healthiest fruits in the world because of its high levels of antioxidants essential omegas and fiber.

HOT BLENDS

RAIL SLIDE - HOT CHOCOLATE POURED OVER A SCOOP OF VANILLA YOGURT

RASPBERRY MEDLEY - HOT CHOCOLATE POURED OVER A SCOOP OF RASPBERRY SHERBET

ALPINE SLIDE - COOL, CRISP MINT AND HOT CHOCOLATE OVER A SCOOP OF VANILLA YOGURT

STEEPLECHASE - THE TROPICAL BLEND OF MANGO AND PINEAPPLE

IRON CROSS - APPLE JUICE, GINGER, GROUND CINNAMON AND A DROP OF HONEY

TOP SHELF - APPLE AND CRANBERRY JUICE, SLOW BREWED WITH CLOVES AND CINNAMON

5-13D - STRAWBERRY AND WATERMELON JUICE COMBINED WITH GINGER AND CINNAMON

1ST-N-TEN - CAPPUCCINO WITH CHOCOLATE OVER A SCOOP OF VANILLA YOGURT

CHAI - HOT TEA THAT COMES IN VANILLA, SPICE OR RASPBERRY

COFFEE RAGE - TRY IT IN MOCHA, COFFEE, OR VANILLA LATTE

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